



# SEMINARS

Building character in young hearts and growing minds.



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**Need a presentation on child rearing for your PTA, Women's Group, YMCA, Religious or Social Organization? Call 425 742-9181 or email so we can discuss the needs of your group.**

## **Presentations include:**

### **Build Character Now! Practical Tools for Busy Parents**

You will learn how to:

- Discover what your child thinks.
- Teach your child thinking strategies.
- Create a special bond with your child.
- Learn the 5 character building questions
- Build character together!

### **Discipline Styles, 3 to Lose and 1 to Choose**

You will:

- Understand the 4 discipline styles.
- Determine your own style.
- Use the easy discipline formula.
- Learn to use effective body language.
- Practice discipline with real life problems.

### **Family Meetings: How Raise a Happy Family**

You will learn how to:

- Use the family meeting format
- Discover how to solve family problems
- Plan fun events together
- Teach your family listening and speaking skills
- Create a strong family bond.

### **Help Your Child Succeed! 1 Simple Formula, 3 Easy Steps**

You will learn how to:

- Help your child create realistic goals.
- Coach your child using the 3 easy steps.
- Apply the steps to the formula.
- Practice using the formula.
- Watch your child succeed.